

Building Strong and Resilient Businesses, Families, and Communities

Our Time Together



- Overview: Family Forward NC
- Share highlights of family-friendly workplace policies
- Review our employer tools and resources
- Share employer success stories
- Small group brainstorm!
- Family Forward NC Employer Certification



We are driven by a bold vision.

Each North Carolina child has a strong foundation for life-long health, education, and well-being supported by a comprehensive, equitable birth-to-eight ecosystem.

Our mission: To marshal North Carolina's great people, ideas, and achievements to ensure equitable access to opportunity and success for every child by the end of third grade.

Family Forward NC



Family Forward NC is an innovative initiative to improve children's health and well-being and keep North Carolina's businesses competitive.

It is employer-led change to increase access to research-based, family-friendly, industry-appropriate practices—big and small—that increase workplace productivity, recruitment and retention; grow a strong economy; and support children's healthy development.

Business Smart. Family Friendly. Future Ready.



Business Smart:

- Recruit and retain talented workers;
- Increase productivity;
- Reduce tardiness and absenteeism;
- Encourage workforce participation



Family Friendly:

- Improve job satisfaction;
- Reduce parent stress;
- Support health and economic security



Future Ready:

- Increase a child's IQ;
- Support higher high school graduate rates and educational attainment



Engage & Inspire



- Published and recently updated Guide to Family Forward Workplaces, informed by an Advisory Council and employers and employees across the state
- Published 37 case studies to date
- Directly reached more than 7,400 employers
- COVID-19 resources shared with 190,000 employers
- Established a second Advisory Council to inform and advise the certification
- Partnered with local nonprofits, local chambers of commerce, the NC Department of Commerce, EDPNC, SBTDC and the Small Business Development Center Network of the NC Community Colleges

Children's Health and Well-Being

Brains are built, not born.

- The most rapid period of development happens from birth to eight.
- End of third grade outcomes predict academic achievement and career success.
- Early experiences are built into a child's body, shaping brain architecture. Every experience forms a neural connection at a rate of a more than one million synapses per second.



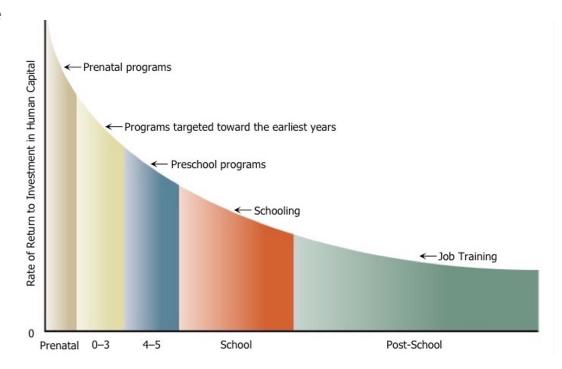
Human capital creates economic capital

"The foundation for school, career and life success is largely determined through the development of cognitive and character skills beginning in children's earliest years."



Nobel Laureate
Professor James Heckman

13% Return on Investment



36%

of NC 4th graders in 2019 scored at proficiency or above in reading as measured by NAEP

18%

of NC high school graduates met all four ACT college readiness benchmarks in 2020-2021

Disaggregated by Race - 4th graders

White - 49%; Black - 20% Hispanic - 23%; Asian - 59% American Indian/Alaska Native - 16%





Parents and caregivers are passing up work opportunities, switching jobs, quitting, and interrupting their education.

Lack of Supports Contributes to the Disruption



- Quality, affordable and equitable child care is inaccessible to most parents
- NC families with one infant and one toddler spend one third of their income on child care
- Just one in five North Carolina workers have access to paid family leave
- Forty-one percent of adults in the US working in hourly jobs say they know their work schedule one week in advance or less

The Good News Workplace Policies Deliver Results



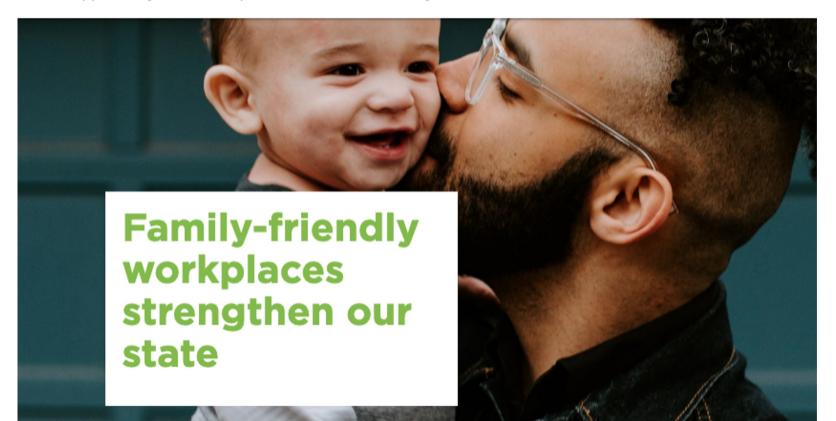
The Opportunity ~

Workplace Guide >

Directory

Resources ~

The Latest v



19 Research Based Workplace Policies

Wage and Paid Leave Policies

Parental Leave

Sick and Safe Leave

Family and Medical Leave

Parental Involvement Leave

Family Sustaining Wage Scheduling

Flextime

Working from Home/ Telecommuting

Job Sharing/ Part-time work

Predictable Scheduling Accommodations and Support

Support for Breastfeeding Mothers

Babies at Work

Pregnant Worker Accommodations Child Care

Backup or emergency care

On-Site or Consortium Child Care

Subsidized/ Reimbursed Child Care

Child Care Resources Referral Health and Wellness
Benefits

Health Insurance and Wellness Benefits

Flexible Spending Accounts (FSA)

Employee Assistance Plan (EAP)

Sick, Safe, Family and Medical Paid Leave



Workplace Policies that **Deliver Results**

Benefits to Employers

- Reduces health care costs
- Provides healthier work environment
- Increases productivity
- Increases retention
- Reduces absenteeism

Benefits to Parents

- Encourages preventative healthcare
- Quicker recovery time
- Allows employees to care for themselves and their children
- Reduces chances of other employees becoming ill

Benefits to Children

- Children get better more quickly
- Reduces spread of flu-type illnesses

Paid leave allows low-wage workers to keep their jobs, stay in the labor force and move upward.



- Lack of paid leave exacerbates the inequalities that come with the wage gap including access to health care
- Lack of paid leave frequently leads to lost wages and job loss, particularly among low-wage earners
- Access to paid family leave increases the likelihood that workers will remain in the workforce and can raise their longterm earnings

Paid Sick Leave Saves Lives



Study by the Center for Aging and Policy Studies at Syracuse University

Published in the American Journal of Preventive Medicine - 8/22

- Examined U.S. county-by-county death data on 25- to 64-year-olds from 1999 to 2019
- Each additional hour of paid sick leave linked to a significant decrease in death rates from suicide and homicide for men, as well as homicide and alcohol-related deaths for women
- Projection that death rates could potentially drop by more than 5% in large central metro counties if they required a 40-hour annual paid sick leave requirement

Workplace Policies Deliver Results Child Care



Types of Child Care

- Backup or emergency care
- On-site or consortium sponsored care
- Subsidized/Reimbursed care or child care referral

Results

- Reduces stress
- Improves productivity and increases recruitment, retention
- Reduces absenteeism
- Improves family economic security
- Improves high school graduation rates, overall educational attainment

Business Smart. Family Friendly. Future Ready.

Inadequate child care costs our state economy \$2.9 billion



- \$1.5 billion in parental income
- \$507 million in business revenue
- \$414 million in state tax revenue

Survey conducted October 2020 of 800 parents in NC and economic analysis conducted by Dr. Clive Belfield, professor of economics at City of New York University.

TOTAL ECONOMIC IMPACT

PRE-PANDEMIC **\$2.4 BILLION**

MID- PANDEMIC **\$2.9 BILLION**

Predictable Scheduling



Workplace Policies that **Deliver Results**

Benefits to Employers

- Increases productivity
- Increases retention, reducing turnover
- Reduces absenteeism
- Increases morale, loyalty, commitment

Benefits to Children and Families

- Allows employees to plan for child care, transportation and budgets
- Leads to better child outcomes because of more stability for child care arrangements
- Lowers stress for parents and improves overall healthy behaviors



Katie Button, CEO and Executive Chef, Katie Button Restaurants

Making family-friendly benefits work with tight margins
Three James Beard Award nominations
2019 Business NC Trailblazer

Family Forward NC Guidance and Tools



Resources for employers



- ✓ Employee survey
- √ Child care needs assessment
- √ Current Policy Assessment
- √ Cost of doing nothing
- √ Sample Policies



Resources Demo



Sample Employee Survey

Editor's Note: This survey is meant as a starting point and can be customized as needed.

We recognize the value of our employees and want to ensure that we offer the best workplace we can. To be most effective, we want to hear from you about which benefits work well for you and your family and where there may be gaps that our company should understand and seek to address. We want to ensure the best fit for the people who work here! Please take a few minutes to answer the survey.

1. What is your job title?
2. What is your age? 18-25 26-35 36-45 46-55 56-65 65+
3. If you have children, please share their ages:
4. Do you consider our workplace "family friendly?" ☐ Yes ☐ No
5. Please tell us why you think that. How can we provide a workplace that promotes work-family balance?
6. What are three things that our company does for employees that you love?
7. How satisfied are you with the current benefits offered?
☐ Very Dissatisfied
Dissatisfied
☐ Somewhat Satisfied
☐ Satisfied
☐ Very Satisfied



Sample Employee

Editor's Note: This survey is r

We recognize the value of ou workplace we can. To be mos work well for you and your fa understand and seek to addr here! Please take a few minut

1.	What	İs	your	Job	title?	
2	. What	İs	vour	age	? 🗆	18

3. If you have children, pleas

4. Do you consider our work

5.	Please tell us why you work-family balance?				

6. What are three things tha

7. How satisfied are you with

Very	Dissatisfied

☐ Dissatisfied
☐ Somewhat Satisfied

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Very Satisfied



Child Care Needs Assessment Note: This survey is meant as a starting point and can be customized as needed. It has been adapted from a survey created by the Child Care Services Association.

Child Care Needs Assessment

We are assessing how to support our employees with caregiving responsibilities. Please answer this short survey to help us determine your needs. Responses will be kept confidential and results reported in aggregate.

- 1. Which best describes your typical work schedule?
 - a. Standard full-time (e.g. Mon-Fri, standard business hours)
 - b. Flexible full-time (e.g. 40 hours/week, with flexible hours)
 - c. Standard part-time (less than 40 hours/week, within standard business hours)
 - d. Flexible part-time (less than 40 hours/week, with flexible hours)
 - e. Full-time, currently on leave
 - f. Part-time, currently on leave
 - g. Other (Please specify)
- 2. Where are you currently working:
 - a. On-site
 - b. Telecommuting
 - c. Both
 - d. Other (explain):
- 3. Please select all the answers that represent your caregiving situation:
 - I do not have caregiving responsibilities and don't plan to for the foreseeable future
 - b. I do not currently have caregiving responsibilities but anticipate having caregiving responsibilities within the next year
 - I do not currently have caregiving responsibilities but anticipate having caregiving responsibilities within the next 2-3 years
 - d. I have caregiving responsibilities for a child or children
 - e. I have caregiving responsibilities for a disabled, sick, or elderly loved one
 - f. Other (Please specify)
- 4. If you are a parent or care for a child, which of the following age groups do your



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Editor's N	lote	: This	su	rve	ı is r

We recognize the value of ou workplace we can. To be mos work well for you and your fa understand and seek to addr here! Please take a few minut

1. What is your job title?
2. What is your age? 18-2
3. If you have children, pleas
4. Do you consider our work

Please tell us why you to work-family balance?

6.	What	are	three	things	tha

How	satisfied	are	vou	wit

Very Dissatisfied
Dissatisfied

	Somewhat	Satisfied
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Family-friendly

benefit

Maternity Leave

Paternity Leave

Sick and Safe

Leave

Family and

Medical Leave

Parental

Involvement

Leave

Flextime

Telecommuting

Job Sharing and/

or Part-Time Work

Current benefits

offered (describe

benefit offered)

Are there federal

and/or state laws

and regulations?

Yes

Yes

Yes, in certain

circumstances

Yes

Yes

Yes, for

nonexempt

workers

Child Care Needs customized as ne Association.

Child Care

We are assessing Please answer t kept confidenti

1.	Which	b
	a.	S
	b	F

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2. Where are

a. Or b. Te

Bo C. Ot d.

3. Please sel

a. Id fut

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d. I have caregiving responsibilities for a child or children

I have caregiving responsibilities for a disabled, sick, or elderly loved one

Other (Please specify)

4. If you are a parent or care for a child, which of the following age groups do your

Current Worksheet

Editor's Note: Federal and state regulations apply to several of the benefits listed. An overview of requirements is included on page 82 of the full guide (www.familyrforwardnc.com/guide). Employers should seek legal counsel to understand their obligations. The information provided here is for informational purposes only and does not constitute legal advice.

Number of

employees

expressing

interest in the

benefit (use

survey results)

Next steps

Benefit cost per

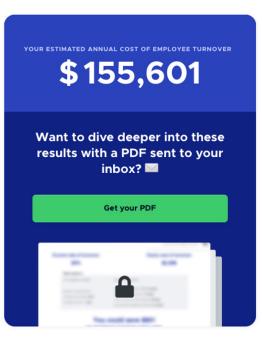
employee

Sample Employee Editor's Note: This survey is r We recognize the value of ou workplace we can. To be mos work well for you and your fa Family-friendl understand and seek to addr benefit Child Care Needs here! Please take a few minut customized as n Association 1. What is your job title? _ **Child Care** Maternity Leav 2. What is your age? 18-2 We are assessir 3. If you have children, pleas Paternity Leav Please answer kept confidenti 4. Do you consider our work Sick and Safe Which be Leave a. Sta 5. Please tell us why you thir Fle b. work-family balance? C. Sta Family and d. Fle Medical Leave Fu e. Parental Pa Involvement g. Ot Leave 2. Where are Flextime Or a. b. Te 6. What are three things tha Bo C. Telecommuting d. Ot Job Sharing and Please sel or Part-Time Wo a. Id fut b. ca 7. How satisfied are you with C. ☐ Very Dissatisfied d. I have caregiving resp Dissatisfied I have caregiving resp Other (Please specify Somewhat Satisfied Satisfied 4. If you are a parent or care for Very Satisfied

Cost of Employee Turnover Calculator

Employee turnover is costing you, but how much? Enter your company's metrics to see how much employee turnover is costing you each year.





Source: https://bonus.ly/cost-of-employee-turnover-calculator

Sample Employe Editor's Note: This survey i	FAMILY FORWARD NC	r
We recognize the value of workplace we can. To be n work well for you and your	The Opportunity × Workplace Guide × Get Certified × Resources × The Latest × Donate Search	to
understand and seek to ac here! Please take a few mir		
1. What is your job title? .	Sample Policy: Paid Sick and Safe Leave	
2. What is your age? 🗌 18	December 5, 2018 Persources, Uncategorized	OYEE TURNOVER
3. If you have children, ple	The following is adapted from a template sick and safe leave policy created by the Center for Law and Social Policy. For the original, click here.	01
4. Do you consider our wo	Eligible employees are entitled to accrue up to days of paid time off per year for the illness of the employee or a family member, or to help ensure the safety of the employee or a family member as provided below.	
5. Please tell us why you t work-family balance?	Employees begin to accrue leave under this policy at the start of employment and can use leave anytime thereafter.	nto these
	One hour of paid sick or safe time accrues for each hours worked by the employee, up to a maximum of days per year. All employees	t to your
	are eligible to accrue and use sick and safe time leave regardless of whether they are full-time, part-time or temporary workers, once they meet the eligibility requirements.	
	Sick or safe time can be used for:	
6. What are three things t	 The employee's own illness, injury, or medical condition; The employee's need to obtain diagnosis or treatment or preventive care (i.e., doctor's appointments); 	
	The employee's need to care for a family member for reasons covered by Nos. (1) and (2), above;	-
	 An absence resulting from the employee or a family member becoming a victim of stalking, domestic violence, or sexual abuse. 	_
	For more information about which absences qualify for sick or safe time leave, please contact	
	A "family member" includes:	
7. How satisfied are you w	 A spouse, including a domestic partner; 	
☐ Very Dissatisfied	Parents of a spouse;	
Dissatisfied	Children (including foster children and grandchildren);	
☐ Somewhat Satisfied	Spouses of children;	
☐ Satisfied	• Parents;	
☐ Very Satisfied	 Brothers and sisters; 	
	 Spouses of brothers and sisters; 	cost-of-employee-turnover-
	 A child who lives with an employee and for whom the employee permanently assumes and discharges parental responsibility; 	calculator

Employer Workbook



- Reflect on <u>Current State</u> of Employer's Family-Friendly Workplace
- Initial Readiness Assessment of People First Culture
- Growth Opportunities for People First Culture
- Communications Planning Checklist
- Goal Setting and Implementation Planning

https://familyforwardnc.com/returntowork/

Employer Workbook



REFLECTION

Take a moment to think about the current state of your business with regard to the following issues, which are often strong measures of the family friendliness of any business. Determine what's going on by filling out the chart.

ANSWER HONESTLY HOW OFTEN THE STATEMENT IS TRUE FOR YOUR BUSINESS. Mark your response in the appropriate column.

	ALWAYS	SOMETIMES	NEVER	DON'T KNOW
Employees in our business can tend to personal or family matters without penalty				
Our benefits and workplace practices are family- friendly				
Employees have input on the things that matter to them				
Everyone in our business has the access to same pay for same work and opportunity to advance				
There are women in managerial and/or leadership roles				

Reflect on <u>Current State</u>
 of Employer's Family Friendly Workplace
 (complexity - low)

Employer Workbook



READINESS ASSESSMENT

You may have many areas for growth opportunities, however it is best to start with small steps. PICK TWO AREAS YOU WOULD LIKE TO FOCUS ON AS A RESULT OF THE ORGANIZATIONAL SELF-ASSESSMENT AND ESTABLISH A NEW GOAL.

- 1. What two areas have you chosen to improve as a result of the self-assessment?
- How will you measure success with those two areas of growth (employee surveys, implementation of practices)?
- 3. What are the identified team members who can help support me with this effort (operations directors, front line managers, employees, human resources)?
- 4. Do I have the time and resources to achieve my goal? (cost of implementation, staff time needed). What barriers will you encounter?
- 5. Do I have the profit margin to allocate funds to achieve my goal?
- Set a specific time frame when you will complete your goal. List the specific date and be realistic with current resources how long that will take to implement.
- Write out your specific goal below: For example, "I will implement weekly 1:1 mentoring sessions with managers and employees by December 31, 2020."

Growth Opportunities for People
 First Culture (complexity - high)

Employer Workbook



READINESS ASSESSMENT

TO ASSESS THE CURRENT STATE OF YOUR ORGANIZATION'S PEOPLE-F
CONSIDER THE ACCURACY OF EACH STATEMENT. Mark T for "True" or F

- T F 1. Employees are able to create their own work schedules.
- $_{\rm T}$ $_{\rm F}$ 2. All of my employees earn at least \$12.00 per hour as base
- T F 3. We offer medical and dental benefits to all full-time emplors T F 4. Leaders have weekly 1:1 meetings with staff that include le
- are present for the employee, specific feedback on what well, and goal setting.
- T F 5. We offer predictable schedules that include consistent short F 6. Staff are compensated with tips and have a base pay less
- T F 7. We offer paid time off to all full-time employees.
- We offer work from home options for positions that are computer-based and typically completed from an office setting.
- T F 10. All staff make at least \$25,000 annually.
- T F 11. Under our PTO policy, we offer paid sick leave that includes caring for sick family members.
- T F 12. We conduct surveys to learn employee preferences at least annually.
- T F 13. My employees are able to vary when they are able to begin and end their day.
- T F 14. We subsidize or reimburse child care costs for employees.
- T F 15. Leaders follow up with concerns raised by staff within one week of it being brought to attention.
- ☐ ▼ 16. We offer health and wellness benefits that include programs like smoking cessation, financial planning resources, stress management programs, nutritional and weight loss programming.
- T F 17. We offer paid maternity and paternity leave under our PTO policy.



Section Six • Resource Guide



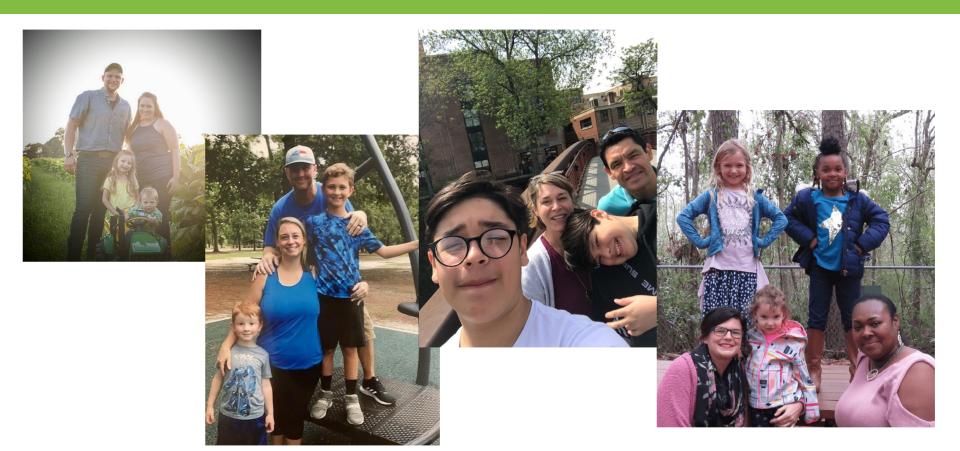
Section Five • Implementing Family Friendly Practices

MANUFACTURING INDUSTRY

Questions?



Family Forward Employers



Pocket Prep



Durham, NC & Seattle, WA | 28 Employees

<u>Family-friendly programs & benefits</u>:

- Open/flexible PTO policy where number of days is not limited
- Paid parental leave: birthing parent 14 weeks; 6 weeks for other parents (plus ability to return at part time)
- Medical, dental, vision benefits covered at 100% for employee, at 80% for dependents
- 2-3 week company-wide paid Winter Break plus 10 paid holidays
- Volunteer Time Off plus parental involvement leave that exceeds NC requirements

Pocket Prep



Durha

IMPACT

Family-

- Organizational Focus & Outcomes
- Talent Attraction & Retention

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• 2-3

Op

CEO and Cofounder Peter Murphy says "The War on

Talent doesn't really affect us." And "We've been able to

scale and grow because we don't have to worry about replacing people all the time."

rt time

Redwoods Group



Morrisville, NC | ~100 Employees | Insurance

Family-friendly programs & benefits:

- Unlimited sick and vacation time
- Paid parental leave: Maternity leave is 12 weeks in addition to an initial shortterm disability leave of 6-8 weeks. Paternity leave is 12 weeks
- Employee Assistance Program: Available to all employees and their household family members
- Rainy Day Loan Program: short-term loan designed to help in unforeseen emergencies, expenses or bills

Redwoods Group



Morris

IMPACT

Family-

- Recruitment
- Retention
- **Employee satisfaction**

HR Director Jennifer Keys explained that supporting terr employees creates the kind of working environment everyone enjoys. "Our employees are very grateful for the flexibility and support that Redwoods provides," she says, "This definitely helps with retention and recruiting new hires."

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emergericles, experises or

Aeroflow Healthcare, Inc.



Asheville (HQ) | 400 Employees | Medical Devices

Family-friendly programs & benefits:

- 6 weeks paid maternity leave (2 weeks paternity leave) following a birth or adoption
- A one-year free subscription to diapers through the company's "Diaper Club" for the first year of a child's life or adoption placement
- Reimbursement of adoption costs for up to 50% or \$5,000
- Reimbursement of up to \$300 for birth or postpartum doula
- Dedicated lactation facility for mothers who wish to breastfeed or express milk with breast pump and breastfeeding supplies
- Health, dental, and vision insurance and optional life insurance
- Paid vacation, sick and PTO (after 90 days of employment)

Aeroflow Healthcare, Inc.



Ash

IMPACT

<u>Fami</u>

- Employer Brand
- Retention & Leadership Pipeline
- Employee Loyalty

A parent who works at Aeroflow, **Megan**, says she feels valued, which makes her want to *plan a career* at the company she loves.

"I haven't felt the need to look for something else, and I have a lot of friends who are mothers and, depending on their employer, they are looking elsewhere..." she says. "I feel like (Aeroflow) values me, and I feel like they value me as an employee and as a mom."

laid vacation, sick and FTO (arter 50 days of employment)

Business Smart R. Riveter Leather Handbags



38 Full Time Employees 39 Contractors

Paid Leave: sick, vacation and holiday

Flexible Work

- Flexible Schedules
- Telecommuting

Accommodations: Lactation breaks



Business Smart

R. R

38

IMPACT

Retention

Engaged Employees

Employee Loyalty

Paid

Flex

Acco

"Last year my son was diagnosed with AML (a form of Leukemia). It required 6 months of intense in-patient chemo. We would spend a month in the hospital and get a two-week break and then return for another month of treatment for six months. R. Riveter was completely supportive and let me work when I was able so my schedule was completely flexible to be able to get my job done and be there for my son."

-- Office Manager Cheryl Duckett













<u>Lisa Bradley</u> CEO and Co-Founder R. Riveter

Brainstorm!



Break Out Groups

- 1. How do you start a conversation with employers in your area, or with your own leadership?
- 2. What do you think the big obstacles would be for employers? What resources do you need to address those obstacles?
- 3. What is the most common business need employers in your area face with regard to workforce? What family-friendly change would be most able to address it?
- 1. Share any success stories, tips, or advice you have from working with employers in your area!

Report out and Discussion





Family Forward NC Employer Certification

Family Forward NC Employer Certification



- Designation for employers that offer policies and practices that support the health and well-being of working families and children
- Provides employers with public recognition for offering family-friendly workplace benefits
- Differentiate business in a tight labor market
- Especially for employers with high turnover and those that are growing

Our Certification Model...



- **is rooted in equity** to encourage participation in underrepresented groups.
- requires verification and transparency. Employers
 must agree to share their HR handbooks, and
 employees are asked to take an anonymous survey
 about culture and policy use.

Our Certification Model...



- is focused on what's best for children and families.

 We used:
 - the Pathways Measures of Success;
 - best-practice guidance from medical organizations such as the American Academy of Pediatrics; and
 - guidance from our partner early childhood focused organizations, such as the Child Care Services Association.

BECOME A FAMILY FORWARD CERTIFIED EMPLOYER HERE'S HOW



Step 1: Apply Online

The first step is to fill out our online application, which helps us determine if your policies meet our certification requirement thresholds.



Step 2: We Verify Your Policies

To verify your application, we will review your written policies and conduct a quick, 30-minute phone call with your HR leader (or the staff member in charge of HR). We'll also ask you to share a short survey with employees that asks about the policies and your company culture.



Step 3: We Welcome You to Our List of FFNC Certified Employers

Once we've verified your policies, you'll be granted a certification. Certification will be good for two years from the date we notify you about the final certification.

Levels, Size Categories, Fees



Engaged • Established • Leader

- 5 to 49 employees \$200
- 50 to 99 employees \$450
- 100 to 499 employees \$750
- 500 employees or more \$1,500

There is also a one time, nonrefundable application fee of \$50 to apply.

Certified employers receive:



- Access to exclusive resources and programs for certified employers to help them continue their journey.
 Program topics will include a deep dive into child care; understanding the law; etc.
- A listing in our **online directory** of certified employers
- Summary of employee feedback

Family Forward is possible!















Stay Informed





Follow us @familyforwardnc (Twitter) or @FamilyForwardNC (LinkedIn)



Go to familyforwardnc.com and click on Stay Informed to sign up for our newsletter



Questions about certification: familyforwardnc@buildthefoundation.org

Thank you to our sponsors



HH Truist Foundation







